



# Miss Apple Blossom

## Caty Jewell Miss Apple Blossom Teen 2024

**AGE:** 16

**HOMETOWN/LOCAL TITLE:** Miss Apple Blossom Teen

**CURRENT EMPLOYMENT OR SCHOOLING:** Current Junior at Woodgrove High School

**SCHOLASTIC/CAREER AMBITION:** In the future, I plan to attend Virginia Polytechnic Institute for college and to major in Elementary Education. Within 2 years after college, I will be teaching in an elementary classroom. I also plan to continue raising money for head-start while also raising awareness for affordable preschool.

**COMMUNITY SERVICE INITIATIVE (CSI):** My Community Service Initiative is Equal Preschool Education Opportunities. I have worked with my high school's Head-Start preschool for the past 3 years to raise awareness for the lack of affordable preschool options. Preschool provides a foundation for learning in reading, math, science, history, and social skills. Preschool is critical for children's education. Without preschool students can fall behind and have a hard time catching up. That is why I strive to help create affordable preschool options for families.

**PERFORMANCE TALENT OR HERSTORY™ DESCRIPTION:** A lyrical dance to the song: "More Hearts Than Mine" by Ingrid Andress.

**ACCOMPLISHMENTS:** Helped raise \$500 for the local Head Start program through a Musical Theatre showcase. Cappies nominated for Best Female Dancer. Variety of competitive dance awards.

**INTERESTING FACTS:** I have a fraternal twin sister. I'm a dancer. I love Disney.

**DESCRIBE YOUR PERSONAL HEALTH INITIATIVES AND ALIGNMENT WITH #MISSAMERICAFIT:** My personal health initiative is to promote physical and mental health while nourishing your body. I want to encourage listening to your body and filling it with nutritious foods to help your body flourish. For me this means eating healthy snacks in between dance classes, which will give me energy for my dance classes as well as eating 3 meals a day.





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**WHAT SOCIAL ISSUE, OTHER THAN YOUR CSI, WILL HAVE THE GREATEST IMPACT ON YOUR GENERATION AND WHY?** I believe that mental health is the biggest social issue that impacts Gen Z. Studies show that compared to older generations, Gen Z is more likely to experience negative emotions, stress, anxiety, and suicidal thoughts. This is from various factors like social media, social expectations, academic pressure, and much more.

**NAME THREE ITEMS ON YOUR 'BUCKET LIST' IN THE NEXT FIVE YEARS:** On my bucket list for the next 5 years I want to visit all 50 states, run a marathon, and for my solo to get first place overall at a national dance competition.